

Rachel's Rice

2 cups of cooked brown rice. Yes really, brown. It's good for you and I promise it will taste good.

2 cups tomato sauce
1 bunch green onions-chopped
1 white onion-chopped
1 green bell pepper-chopped
2 tsp. chili powder
2. tsp. oregano
1 tsp. cumin
1. tsp cayenne pepper
olive oil
salt and pepper

Saute all the vegetables in a tablespoon of olive oil over medium heat until the onions are translucent, about five minutes.

Add rice, mix in.

Add tomato sauce, herbs and spices and cook for an additional five.

Season with salt and pepper.

Recipe brought to you by: Rachel of OnePrettyThing.com 12/28/08

LollyChops.com



Rachel's Rice